

# BUILDERS of the adytum

## Equinox Message

September 2024 – Making Every Moment an Equinox

A solar equinox is a moment in time when the Sun crosses the Earth's equator, appearing directly above the equator, rather than north or south of it. On the day of the equinox, the Sun appears to rise "due east" and set "due west." This occurs twice each year, around the 20th of March and the 23rd of September. More precisely, an equinox is traditionally defined as the time when the plane of Earth's equator passes through the geometric center of the Sun's disk. This detail will serve as our focus for this message.

There are spiritual principles to consider, in this context, which can be found in the writings of Paul Foster Case:

First, "...The principal gift of spiritual understanding is awareness of "eternal life," which is really participation in a kind of life-consciousness, different in quality, from our ordinary time-bound interpretations."

Second: "Recollecting that God lives in us....," in a sense, is an overcoming of the usual limitations of our time concept. And, "...perhaps, the whole of what most of us call Past or Future, really exists now, as an all-inclusive reality - present as a whole, and in all its details, to the Universal Mind."

Last: "...The sixth path of Tiphareth, is "sent to gather together the emanations of the archetypal influence." The powers of this archetypal world are outside the limits of time. The ego in all of us is also outside these limits, and the royalty which is indicated by Melek, in Hebrew, the king, one of the names of Tiphareth is likewise above and beyond our time-concept. The true Ego-consciousness is free from these particular delusions, rooted in the common idea that the past was, and the future is to be, while only the present is actual and real.

Let us then, take this opportunity to free ourselves from these particular delusions, by examining how symbolically, the Equinox can provide an image that can focus our attention exactly where it can do the most good in the moment.

This Autumnal Equinox in the Northern Hemisphere and Vernal Equinox in the Southern Hemisphere occur at the beginning of the astrological sign, Libra. Astrologers tell us that the Sun in Libra is in its "fall," being located 180 degrees from the fiery sign, Aries. From this position, Libra begins a downward sweep through the Zodiac in the Northern Hemisphere, as these Solar energies continue to diminish from late September to late October and beyond, into the realm of Winter. In the Southern Hemisphere the opposite occurs, as we move from spring into summer.

The symbolic meaning of this astrological sign, Libra, The Scales, allows us to picture each moment as a balancing act. Likewise, if we imagine ourselves in the 6th Sephirah, Tiphareth, in the very Center of the Tree of Life, we can visualize ourselves cosmically and individually, poised, as if on a magical fulcrum, where all is in balance, in all directions. This is beautifully illustrated in Key 21, The World. (Remember, Saturn is exalted in Libra).

While not every action is critical, practice in small matters prepares and strengthens us for right action in all things. This moment of contemplation takes just enough "time" to make a conscious acknowledgement

of our complete dependence upon the Higher Will. In so doing, we connect with the Solar Force on the Inner, where it does not wane and cannot diminish.

Through repeated practice in the moment, we perfect a sense of equilibrium, which affects the quality of our entire lives. In that moment, we can ask ourselves, for example, if what we are about to do is a blessing for us and for others; or if it will cause suffering. Will it elevate or demean us? Taking a moment to consider what will best express this Higher Love we are accessing, by means of this “momentary meditation,” is beneficial and protective both for us, and for all those with whom we interact. It opens us up to the manifestation of Higher Consciousness, thus, enriching all our lives. Ultimately, it results in the realization of the Christos within, which our work is meant to help us achieve.

Those of us who are on the Path, understand fully that “The Way of Liberation is the Way of Love.” By making this Perfect Law of Liberty our test of all we think and say,” we find this Perfect Equilibrium “active in our very own Heart of Hearts.”

May we consciously move into the coming cycle assured of receiving the guidance emanating from the Central EGO in our deepest Heart. From this vantage point in “Universal Time” we may take heartfelt action, in every moment - thus truly living in the Love we seek.

In L.V.X.,

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